



HUMPHREY PUBLIC SCHOOL

Home of the Bulldogs

From the Superintendent's desk:

Welcome back to all staff and students for the 2023-2024 school year! I hope you had a relaxing, fun filled, and enjoyable summer. The administrative team is ecstatic to begin another school year. This year's teacher in-service will be held Thursday, August 10 through Tuesday, August 15. The first day of school for students is Wednesday, August 16, which will be a 1:00 p.m. early dismissal.

Humphrey Public School will be competing in all athletic events with Lindsay Holy Family for grades 7-12, as well as the grades 9-12 softball cooperative with both Lindsay HF and Twin River. We work very hard in making our communications clear to keep parents and student-athletes informed on practice locations, leave times and game times. Mrs. Hanzel will continue to utilize the Google Doc call HLHF Bulldog Activities Schedule, which can be found on our school website under the quick links. We will also do our best to quickly notify parents if there are schedule changes utilizing social media and our Connect 5 system. If you ever have any questions or concerns regarding the calendar, please contact the school office for clarification.

With the start of a new school around the corner, I would like to introduce our new staff members. I want to welcome Ashlen Brockhaus who will be our new third grade teacher, Jen Fistler who will be our newest member of the special education teaching staff, Pam Friesen who will be our new Business Manager, Ken Kosch who will be one of our kitchen assistants, Sabrina Bower and Lauren McDonald who will be serving as a paraprofessionals. I want to welcome them all to our family and team here at Humphrey Public School.

Once again you will find all the handbooks on our school website. You can access the handbook by clicking on the Parent Connection tab. As you are navigating our website and there is something not on there that you would like added, please let us know and we will do our best to have it added to our website to make it easier to find and access information.

The Free and Reduced Breakfast/Lunch forms will be sent home the first day of school and are also on the school website. I encourage all parents to fill this form out because should your family qualify for a free/reduced price meal, the school district also receives funding based on our free and reduced number of children. This federal program helps fund academic assistance known as Title I for our school. We also receive federal and state reimbursement for every reduced or free meal which helps our school breakfast and lunch program. Please know the free and reduced information is kept confidential and is known by only Pam Friesen and Mr. Rathje. The USDA has informed schools that those who qualify for free or reduced meal prices will be lumped into one category, receiving free meals. It is imperative that you take the time to fill out this form. There will be additional forms in the packet that is sent home. We greatly appreciate getting those forms filled out and turned back into the office as soon as possible.

I am very excited to begin my eighth year at Humphrey Public School and second year as superintendent. I look forward to serving the district to the best of my abilities. Humphrey has been a phenomenal place to be and I look forward to being here for years to come. I will continue to do my very best to promote Bulldog pride in our school, provide a safe and productive environment and provide educational opportunities for our students and staff. It is my goal that every student has a positive and rewarding experience here at Humphrey Public School. If you ever have any questions, please do not hesitate to give me a call or schedule a time to meet. My door is always open. Have an awesome school year & GO BULLDOGS!!!

Mr. King



THE BULLDOG

NEWS FROM THE JH/HS PRINCIPAL

August 2023

Well, another summer has come and (just about) gone! I hope all of you have had some time to do something that you enjoy and spend it with people who you enjoy. The start of the 2023-2024 school year is just a few short weeks away. I wanted to take the first newsletter of the school year to bring a few things to your attention.

- Make sure that all fall sports participants have their sports physicals completed before August 7th. Student cannot participate until they have their physical.
- Please take the time to review the Student/Parent handbook for this academic year. There are a few things to point out. 1. Students who are ineligible are able to become eligible right away if their grades are brought up (with my approval). 2. I will send out a warning list for the D/F list every Friday (via Connect5) to parents. The D/F list will be released every Monday. 3. Cell phones are to be placed in the student's lockers. **NEW – on the third violation the student will serve a Saturday school.** 4. Water bottles do not need to be clear, but if I suspect that a student has anything else other than water, then I will inspect the bottle.
- As activities begin, if you would like to allow your student to go to a school activity to watch, such as football, volleyball, cross country, and softball. Please complete the following. 1. Call the office to allow your student to be released for that activity. I ask that you do this at least a day before the event. 2. Have your student complete a yellow release form by the teachers so that any class work is understood. I am asking the students to complete these steps to eliminate any confusion in the office, classroom, and cafeteria. Please do not call the day of the activity to have your student released to go watch a meet. Please plan ahead of time.
- Tech Bootcamp is now to be completed online. You will still need to come to school and pay for your child's computer fee along with sign the computer agreement.
- Please welcome Mrs. Jill Preister to our staff. Mrs. Preister will teach Jr high math, Jr high computers, and help with 5th/6th grade interventions. Mrs. Preister has 20 years of teaching experience and we are more than lucky she has selected to be a member of our community.

Mr. Kirby



Humphrey Students, Staff, & Community,

I am sure that you have been anticipating the arrival of the 2023-2024 school year. First off, I am excited to have all of the students and staff back in the building. It has been a GREAT summer but look forward to seeing all of the smiling faces and memories that we will make this school year. It has been a pleasure getting to know all of the students and families that make up our school district.

We have a couple of new staff members that I would like to introduce. First, Jen Fistler will be our new resource teacher and she will serve students in our K-3 at this time. Next, we have Ashlen Brockhaus and she will be our new 3rd grade teacher. They both live in the Humphrey area. We are excited to add them to our staff.

We will be having our Open House and FCCLA Fun Fair on August 22nd. The Open House will begin at 6:30 with the FCCLA Fun Fair beginning at 7:00. Please take the time to come over to meet your child's teacher and tour the school.

For updates to our calendar and events as well as any announcements, please visit the school website. The website has valuable resources on it and can be useful with information regarding your child's education. If you cannot find what you need, please contact the school and we will work to get you the information that you are seeking.

As a reminder, unless you qualify for free or reduced meals, you will have to pay full price for the school meals. Please look for the Back to School packet that will be sent home for the free or reduced meal application.

Studies show that parental involvement in a child's education is one of the strongest indicators of student achievement. Another indicator of success is student attendance. It is imperative that students are consistently at school to ensure learning and achievement. We hope you will make your child's attendance a priority this year and that you will continue to be involved in your child's education.

This school year will be filled with many new challenges and experiences for all students and staff. We are looking forward to a FANTASTIC school year and cannot wait to see our students when they walk in the door on the 1st day of classes on Wednesday, August 16th at 8:00 a.m. with all students meeting in the main entry way and then dismissed to their classroom. Dismissal from school that day will be at 1:00 p.m. The school opens at 7:30. Those that would like breakfast will do so at this time also. I hope you have enjoyed your summer and we are looking forward to our new school year.



Educationally Yours,

Mr. Josh Rathje
Humphrey Public School
PK-6 Principal
Phone: 402-923-1230

WELCOME BACK TO SCHOOL

How can it be August already?! Summer was fast and furious as always. I hope all of you were able to enjoy some family time, sunshine, and all of your favorite summer activities. We are so excited to see all of our students back in our hallways and classrooms. With the new year approaching, please take a minute or two to sit down and discuss with your child the importance of being kind to one another. There truly is no reason to make someone else's day miserable by picking on them for something that is usually out of their control. We always do our best to keep a bully-free environment here at school, but we are in need of your help, too. If we partner together, all students benefit. Thank you for taking the time to talk with them!

Throughout the school year, if there is ever a time where you believe your child needs to speak with someone about anything regarding their social or emotional needs, please, reach out to me. My email is: camio@humphrey.esu7.org. Calling the school would also work or utilizing the school webpage "contact me" portion under the counselor page. I am here to help however I am able.

Similar to past years, we will be implementing our school wide screeners this year. This is a way in which we provide tier one support to all students in our building. We utilize this information to provide insight on whether our students may benefit from some additional social and emotional support. New this year, we have purchased a new curriculum, Positive Action, for social and emotional learning where all students PK-12 will receive lessons on health and well-being, social skills, emotional regulation, and more.

Elementary: We will be implementing more small groups this upcoming school years. Small groups are just like small groups in a classroom where information and activities occur with smaller number of students to enhance the overall retention of the information. Additionally, we are able to target certain skills more direct when students are grouped strategically based on areas of strength and need. All elementary students will also receive instruction on social and emotional learning each week to aid in their overall development as a person. This is through the Positive Action curriculum we purchased with our mental health grant this summer.

Junior High: This seems to be an extremely challenging couple of years for students. Please, make sure to continue to check in on their well-being throughout the school year. Students, please, reach out to me if there is something you feel like you need to talk about. That's what I'm here for. Please, also remember the importance of knowing what your child is doing on social media. Students, please, make sure you are practicing safe technology use while on social media and the internet. Lastly, remember that you all are uniquely and wonderfully made. We love what each and every one of you bring to our school and are so excited for another school year!

High school: Don't blink. Before you know it, it will all be over. Soak in all of the memories you can. Take advantage of school events. Support each other. Join the student sections. Build the relationships that may or may not last a lifetime. Live in the moment and enjoy the opportunities that come your way. Become who you want to become and chase your dreams. Now is the time to start. Please, advocate for yourself and let me know how I can help throughout the school year. I cannot wait to see all that you all are about to accomplish in year 2023-2024. Please, always remember that it is a great day to be kind to one another. Go Bulldogs!

It is a great day to be a Bulldog!

Miss Oelsligle
pK-12 School Counselor
camio@humphrey.esu7.org



IMPORTANT DATES:

- **Wednesday 08/16/2023:** 1st Day of School for PK4 & K-12 Grades with a 1:00pm dismissal.
- **Thursday 08/17/2023:** 1st Day of School for PK3
- **Friday 08/18/2023:** Back to School packets due
- **Tuesday 08/22/2023:** Elementary open house 6:30pm & Fun Fair 7:00pm
- **Monday 09/04/2023:** No School
- **Monday 09/11/2023:** Picture Day
- **Wednesday 09/20/2023:** 1:00pm Dismissal

5 WAYS TO SOOTHE BACK-TO-SCHOOL JITTERS



1

**Be aware,
listen, and
empathize.**

Check in,
listen, and
validate
concerns.

2

**Problem
solve.**

Together,
figure out
solutions
to
potential
issues.

3

**Pump up
the
positivity.**

Praise your
child's
strengths and
talents.

4

**Make a
routine.**

Get back
into a
school
routine
early.

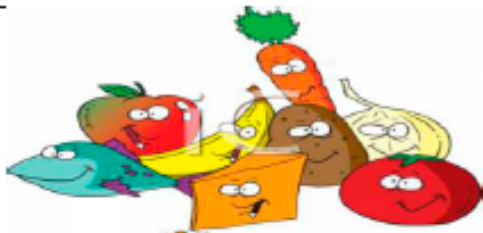

5

**Reward
resilience.**

Acknowledge
how they
handle the
transition
with
something
special.

Humphrey Public School

August 2023 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Menus subject to change.</p> <p>Choice of hot breakfast sandwich, cold cereal, milk, water and juice offered daily for breakfast.</p> <p>Choice of cold sandwich, milk, water and salad bar offered daily for lunch.</p> <p><i>Lunch alternate must be requested by 9:00 am.</i></p> <p>USDA is an equal opportunity provider & employer.</p>				
		<p>16</p> <p>Hot Sandwich/Cold Cereal</p> <p>~~~~~</p> <p>Hot Dog Grill Out</p> <p>Vegetable</p> <p>Fruit/Salad Bar</p>	<p>17</p> <p>Hot Sandwich/Cold Cereal</p> <p>~~~~~</p> <p>Spaghetti</p> <p>Vegetable</p> <p>Fruit/Salad Bar</p> <p>Breadstick</p>	<p>18</p> <p>Hot Sandwich/Cold Cereal</p> <p>~~~~~</p> <p>Hamburger on a Bun</p> <p>Vegetable</p> <p>Fruit/Salad Bar</p>
<p>21</p> <p>Hot Sandwich/Cold Cereal</p> <p>~~~~~</p> <p>Taco in a Bag</p> <p>Vegetable</p> <p>Fruit/Salad Bar</p> <p>Bun</p>	<p>22</p> <p>Hot Sandwich/Cold Cereal</p> <p>~~~~~</p> <p>Chicken Patty on a Bun</p> <p>Vegetable</p> <p>Fruit/Salad Bar</p> <p>Bun</p>	<p>23</p> <p>Hot Sandwich/Cold Cereal</p> <p>~~~~~</p> <p>Chinese over Rice</p> <p>Vegetable</p> <p>Fruit/Salad Bar</p> <p>Bun</p>	<p>24</p> <p>Hot Sandwich/Cold Cereal</p> <p>~~~~~</p> <p>Mini Corn Dogs</p> <p>Vegetable</p> <p>Fruit/Salad Bar</p> <p>Bun</p>	<p>25</p> <p>Hot Sandwich/Cold Cereal</p> <p>~~~~~</p> <p>Pizza</p> <p>Vegetable</p> <p>Fruit/Salad Bar</p>
<p>28</p> <p>Hot Sandwich/Cold Cereal</p> <p>~~~~~</p> <p>Chicken Nuggets</p> <p>Vegetable</p> <p>Fruit/Salad Bar</p> <p>Bun</p>	<p>29</p> <p>Hot Sandwich/Cold Cereal</p> <p>~~~~~</p> <p>Goulash</p> <p>Vegetable</p> <p>Fruit/Salad Bar</p> <p>Breadstick</p>	<p>30</p> <p>Hot Sandwich/Cold Cereal</p> <p>~~~~~</p> <p>Sub Sandwich</p> <p>Chips</p> <p>Vegetable</p> <p>Fruit/Salad Bar</p>	<p>31</p> <p>Hot Sandwich/Cold Cereal</p> <p>~~~~~</p> <p>Chicken Alfredo</p> <p>Vegetable</p> <p>Fruit/Salad Bar</p> <p>Bun</p>	

Humphrey Public School August 2023 Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 *Concussion Testing Grades 7-12 8:00am	3 *7 th Grade orientation 7:00pm	4	5
6 *Booster Club Meeting 7:00pm	7 *HS Fall Sports start	8	9	10 *Teacher In-Service *Computer Pick Up 3:00pm *SB @ O'Neill *NHS Meeting 6:30pm	11 *Teacher In-Service *Computer Pick Up 3:00pm	12 
13 	14 *Teacher In-Service *Computer Pick Up 3:00pm *School Board Meeting	15 *Teacher In-Service *Computer Pick UP 3:00pm	16 FIRST DAY OF SCHOOL (PK4-12) <i>1:00pm Dismissal</i> Teacher In-Service 1:00pm	17 PK3 FIRST DAY OF SCHOOL *One Act Practice *SB @ Schuyler	18	19 *SB @ Wayne
20	21 *VB Jamboree @ Cedar Bluffs	22 *Elementary Open House & Fun Fair *One Act Practice *SB @ Genoa	23	24 *VB vs Bancroft @ HHS (C/JV/V)	25 *FB @ Verdigre	26 *SB Tourney @ Geneva
27	28 *One Act Practice *SB @ Yutan	29 *SB @Genoa *VB @ Lyons (C/JV/V)	30	31 *SB @ Genoa *XC @ Beemer *VB @ Aquinas (C,JV,V)	Activities are subject to change due to unforeseen scheduling conflicts, etc. Please watch the daily bulletin for the most up to date information. Check out the website & watch for the most up to date information at www.humphreybulldogs.org	